

# MCAT PREPARATION RESOURCES

- The [AAMC MCAT page](#) has information about MCAT content, preparation materials, and more. See specifically their preparation page for more information:  
<https://students-residents.aamc.org/prepare-mcat-exam/prepare-mcat-exam>
- The AAMC reached out to publishers of introductory Psychology and Sociology textbooks to create the [Roadmap to MCAT Content](#) which provides detailed information on where to find the concepts you'll need to study for the Psychological, Sociological, and Biological Foundations of Behavior section of the MCAT exam.
- The [Khan Academy MCAT Collection](#) has FREE videos and review questions specifically tailored to help you study for the MCAT.
- [Kaplan](#) does offer courses and prep materials for a fee, but it also does have some [FREE resources](#). You can also purchase their [MCAT review books](#).
- The Princeton Review offers a [FREE MCAT Practice Exam](#), as well as a FREE TRIAL of its [MCAT prep learning module](#). It also has [MCAT review books](#) you can purchase from Amazon.
- Altius offers their [MCAT Practice Exam](#) for FREE.
- BluePrint has many [MCAT prep resources](#) you can use, including sample courses, practice exams, flashcards, question of the day, and more.
- [Jack Westin](#) offers both free and paid services. Free services include CARS Practice Exam, MCAT Question Bank, as well as other services. They also offer free trials on their courses.
- [UWorld](#) offers a great MCAT question bank, which you can access by signing up for a 7-day FREE trial, or pay for a longer subscription.
- [StudySchedule](#) is a great resource to create a customized study plan based on your test dates, prep materials, and knowledge base.
- [Anki](#), while not specifically tailored to the MCAT, is a good resource to create customized flashcards to help you study.
- Lastly, you can get advice from Dartmouth Alumni:  
[https://docs.google.com/document/d/1Yc5h-xuHtEvSBM239p896tnU1Xhg7wG8\\_FdtaT2VqsM/edit?usp=sharing](https://docs.google.com/document/d/1Yc5h-xuHtEvSBM239p896tnU1Xhg7wG8_FdtaT2VqsM/edit?usp=sharing)

# FINANCIAL ASSISTANT PROGRAM FOR MCAT and AMCAS

There is a [Financial Assistance Program \(FAP\)](#) to help defray the cost of the MCAT.

- IMPORTANT NOTE: You must apply for and be approved for the FAP before you sign up/pay for the MCAT. It is NOT retroactive.
- If you qualify for the FAP you also receive it for the AMCAS application (within a certain timeframe).
- If you miss the FAP eligibility by a tiny fraction it can't hurt to contact the FAP Office directly. They are constantly changing their policy during Covid.