



Med/Vet/Dental School 24-25

HEALTH PROFESSIONS PROGRAM

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In this presentation:

- Data and Other Admissions Factors
- Timeline and Resources
- Application Components
 1. Standardized Tests
 2. Primary Application
 3. Letters of Evaluation
 4. Secondary Application
 5. Situational Judgement Tests (SJTs)
- Summary: Next Steps



Some Data

Dartmouth Applicants Outcomes in
the Application Process





2023 Dartmouth Applicants: Medicine

Total Applicants: 125 (130)
Total Accepted: 104 (101Md/3 DO)

Total Not Accepted: 21 (26)
Acceptance Rate: 83% (80%)

Accepted	Mean	Median	Range
GPA	3.67	3.69	2.77-4.0
BCPM*	3.54	3.55	2.44-4.0
MCAT	516.5	516	497-527
Not Accepted	Mean	Median	Range
GPA	3.51	3.5	2.98-3.93
BCPM	3.37	3.36	2.35-3.89
MCAT	513	514.5	490-525

*BCPM=Biology, Chemistry, Physics, & Math:



2023 Applicants: Medicine Nationally

National Applicants Accepted	Mean
GPA	3.77
BCPM	3.71
MCAT	512

National
Acceptance
Rate= 46%



Matriculants: Veterinary/Dental

Veterinary:	GPA	BCPM	GRE Quantitative Scaled	GRE Verbal Scaled
Accepted	3.47	3.26	160	163
Not Accepted	3.23	2.97	159	160
Dartmouth Acceptance Rate: 66% (3 applications total) 100% of those who worked with D AAVMC Public Data: https://bit.ly/3jB91ML				

Dental: Across 4 years	GPA	DAT: Academic Average	DAT: Total Science	DAT: Perceptual Ability
Accepted	3.46	23	22	21
Dartmouth Acceptance Rate: 100% ADEA Reports: https://bit.ly/37OX4kh				



Factors that Influence Success

- Clinical Exposure
- Altruistic Activities
- Scholarly Experience
- Personal Statement
- School List
- Interview
- Letters of Evaluation
- Utilization of HPP
- Distance-travelled
- Authenticity



Demonstrating Competencies

- Listening
- Problem Solving
- Written and Oral Communication
- Critical Thinking
- Initiative
- Cultural Competency
- Compassion
- Integrity
- Resiliency
- Adaptability
- Reliability and Dependability
- Persistence
- Motivation
- Intellectual Curiosity
- Empathy



**“Today you are You,
that is truer than true.
There is no one alive
who is Youer than
You.” - Dr. Seuss**



Timeline and Resources





Resources for the 2024-2025 cycle

- Join the MedApp 2024-2025 listserv: [HERE](#)
- If you want the information for the future and aren't applying in 24-25, you are still welcome to sign up for the listserv.
- Meet with an HPP advisor to determine readiness.
- Familiarize yourself with HPP resources by visiting our website:
<https://www.dartmouth.edu/prehealth/>.
- Review the HPP timeline for composite letters.
- Be aware of all deadlines.
- Read all MedApp listserv e-mails.





Other resources

- American Association of Medical Colleges (AAMC): <https://students-residents.aamc.org/applying-medical-school/applying-medical-school-process/>
 - AMCAS: <https://bit.ly/3jEr8l5>
 - MCAT: <https://bit.ly/3kErE3F>
 - MSAR: <https://bit.ly/3kEoKMt>
 - Aspiring Docs: <https://bit.ly/3kFWj0x>
 - Advisor Reports (temporarily public) <https://bit.ly/31Re19T>
- American Dental Education Association (ADEA): https://www.adea.org/GoDental/The_application_to_dental_school_ADEA_AADSAS.aspx
 - AADSAS Applicant Help Center: <https://bit.ly/3mxJt5e>
- Association of American Veterinary Medical Colleges (AAVMC): <https://www.aavmc.org/>
 - VMCAS: <https://bit.ly/3kQXNW5>



Timeline: Fall 2023-Summer 2024

Medical and Dental

Composite Letter Process

Fall 23-Summer 24

- Learn about it
- Choose and ask letter writers
- Discuss if needed with HPP
- Open PrivateFolio
- Complete forms for HPP
- Write autosketch, update resumé & transcript & send to support writers
- Upload documents to PrivateFolio

Reflection and Writing; Letters

Winter-Spring 24

- Brainstorm
- Reflect and Write
- Attend “Writing for Application Workshops”
- Send reminders to writers
- Submit autosketch and resume to writers and upload to PrivateFolio
- Monitor PrivateFolio
- Develop school list

Preparing the Application

Winter-Spring 24

- Draft essay and activities
- Review with HPP advisors and/or other readers
- Attend “Filling out Application” workshop
- Utilize HPP/AMCAS Tutorials
- Choose medical school list

The Official Application

Spring-Summer 24

- Complete and submit primary application
- When complete, submit Composite Letter packet
- Order official transcripts
- Draft and complete secondaries
 - Essays
 - Prerequisites
 - Update portal



Timeline: Late Summer 2024-Winter/Spring 2025 Medical and Dental

Interview Invitations Late Summer-Fall 24

- Finish up secondaries
- Interviews begin and continue through March
 - Traditional
 - Multiple Mini Interviews (MMI)
 - Hybrid
- October 15: first round of offers begins; rolling basis after
- Complete FAFSA

Interviews, Final Decisions Winter-Spring 25

- Continue interviews
- If holding more than 1 offer, begin withdrawing other offers and finalizing decisions
- Some schools will release offers in March



Application Dates (from 23-24 Cycle)

2023 Cycle ('23 matriculation)	AMCAS (MD)	AACOMAS (DO)	TMDSAS (Texas)
Date Application Opens	May 2, 2023	May 4, 2023	May 1, 2023
Date Submission Opens	May 30, 2034	May 4, 2023	May 15, 2023
Date Processed Application Sent to Schools		June 15, 2023	

2023 Cycle ('24 matriculation)	AADSAS (dental)	VMCAS (veterinary)
Date Application Opens	May 9, 2023	January 19, 2023
Date Submission Opens	May 30, 2023	



TIMING IS AN IMPORTANT FACTOR:

We highly recommend submitting primary EARLY in the application process if possible.

- Most schools are rolling admissions; there are limited # of interview slots
- What is EARLY? Ideally you will submit your primary by the end of June, by mid June is most ideal. If you are awaiting spring grades, it will be mid June. It could be beneficial to await spring grades. Discuss with an HPP advisor whether it would benefit your application to wait for Spring grades.



Application Components





1. Application Services
2. Standardized Testing
 - Fee Assistance
3. Letters of Evaluation
4. Primary Application
5. Situational Judgement Tests
6. Secondary Applications
7. Interviews



Common Application Services

- Allopathic Medicine (MD): AMCAS
- Osteopathic Medicine (DO): AACOMAS
- Dentistry: AADSAS
- Veterinary Medicine: VMCAS
- Texas Health Grad Programs: TMDSAS
- View application guides for all that may apply to you



Testing: Medical

- MCAT: \$330
 - Pre-Registration open
 - Registration opens October 24 and 25, noon EST for January-June Dates
 - Pre-Registration opens on October 9th beginning at noon EST
 - July-September MCAT dates: Expected to open in February 2024
 - There IS a Fee Assistance Program. Info to follow.
 - To apply for Accommodations: <https://bit.ly/35Gcche>
 - MCAT Registration information can be found here: <https://bit.ly/3jLw9bH>
 - Detailed content MCAT information can be found here: <https://students-residents.aamc.org/prepare-mcat-exam/whats-mcat-exam>
 - HPP MCAT resource page: <https://www.dartmouth.edu/prehealth/applying/mcat.html>



Testing: Dental and Veterinary Medicine

- DAT (Dental): \$525
 - Apply, then obtain DENTPIN
 - You are required to take the exam within 6 months of applying for the DAT, or you must pay the fee again.
 - Learn more and apply for accommodations:
<https://bit.ly/2TATRwA>
- GRE (Veterinary Medicine): \$220
 - Get started here:
<https://www.ets.org/gre>



Fee Assistance Programs: Testing and Applications

- MCAT: <https://students-residents.aamc.org/applying-medical-school/applying-medical-school-process/fee-assistance-program/>
 - The fee reduction isn't retroactive, you have to be approved before you sign up to gain the benefit.
 - Plan ahead to apply. You'll need to gather tax/income info, fill it out, and, then, it takes 5-10 business days to process once you submit.
 - Reduced MCAT & rescheduling fees
 - Free MCAT practice products
 - Also reduces AMCAS application costs!
 - Most medical schools will also waive secondary fees
- AACOMAS: https://help.liaisonedu.com/AACOMAS_Application_Help_Center/Starting_Your_AACOMAS_Application/Getting_Started_with_Your_AACOMAS_Application/02_AACOMAS_Application_Fees_and_Fee_Waivers
- TMDSAS: no fee waivers available
- DAT: <https://www.ada.org/en/education-careers/dental-admission-test/dat-fee-waiver-information>
 - AADSAS application fee waivers: <https://bit.ly/37MBwF7>
- GRE: <https://www.ets.org/gre/score-users/reducing-barriers/fee-reductions.html>
- VMCAS fee reimbursement: <https://www.aavmc.org/becoming-a-veterinarian/how-to-apply/application-fees/vmcas-fee-reimbursement-program/>



THE COMPOSITE LETTER OF EVALUATION

Unique Dartmouth Med/DO/Dental letter process



The Composite Letter of Evaluation

- For MD, DO, and Dental Schools
- A unique, comprehensive letter of evaluation that shares a cohesive narrative about the applicant. It consolidates:
 - Information about an applicant's academic background
 - Extracurricular experience
 - Personal/professional qualities
 - Information from support letters and the writer's own evaluation
- It includes a Composite Writer and 3-5 support writers.
- You will choose a Composite Writer from the Dartmouth Community (including Geisel and DHMC).
 - Most often a faculty member
 - Sometimes staff, PI, etc.
 - They are your "main" writer
- You will choose 3-5 support writers.



The Composite Packet

Composite Writer and 3-5 Support Writers should include the following:

- Two faculty who have taught you in a science class
 - One can be science-based neuro or engineering
 - They do not both need to be from Dartmouth
- One faculty from your major (if not a science major) or from another type of class.
- From experiences outside the classroom. Examples below, but not limited to these*
 - Research supervisor
 - Coach
 - Internship/job supervisor
 - FSP faculty
 - *Can include individuals outside of Dartmouth as well

Note:

HPP oversees the Composite Letter Process.

The completed composite letter of evaluation packet is created by the HPP staff to ensure the integrity, confidentiality, and the quality of the letter.



Composite Timeline

- Read the timeline
- Choose and ask a composite writer
- Choose and ask 3-5 support writers
- Create deadlines for your writers
- Start a PrivateFolio account using HPP's instructions
- Write autobiographical sketch, update your resumé
- Send the sketch and resumé to support writers
- Upload autobiographical sketch, resumé, and transcript into PrivateFolio
- Monitor PrivateFolio account
- Submit "Release to Composite" form when all supporting letters are in
- HPP then delivers your support letters, auto sketch, resumé, and transcript to your composite writer
- Composite writer submits draft of letter to HPP—HPP reviews
- When letter complete HPP creates final Composite packet, for you to submit to Primary app.



Completed Composite And Transmission (Late Spring to Summer)

- 4-6 weeks after you submit the “Release to Composite Form,” your composite writer submits their letter directly to HPP.
- HPP staff reviews the letter for revisions. This may take up to 1-4 weeks.
- When the letter is finalized, HPP staff will upload your completed composite letter into PrivateFolio.
- You will receive a notification from HPP with instructions on how to transmit your letters to AMCAS, AACOMAS, and/or TMDSAS, or AADSAS.
- The final product is a single pdf file that includes a cover letter from HPP, your composite letter, and your support letters.



Target Deadlines for Composite Process

- October- Early January: talk to letter writers.
 - They may have multiple requests and a limit to how many they can write.
 - Contact them early so they can put it on their calendar.
- March 25: target deadline for support writers.
- May 30: HPP ideal final deadline for support letters.
- Mid-May- July: target deadline for the composite writer.
- July 31: HPP ideal final deadline for the composite writer.



Primary Applications

WRITING

Seek feedback on writing drafts
in timely fashion

FILLING OUT APP

- Attend HPP workshop re:
Dartmouth specific
instructions for filling out app
- Keep updated FAQ's by your
side when filling out

Submission Timeline?

Factors: Quality of writing;
Waiting for transcript

WHAT'S IN THE APPLICATION

- Demographics/Personal
Information
- Work and Activities
- Personal Statement/Narrative
- Exam Scores
- Composite Letter
- Input Every Course
- Transcripts from all Institutions
Attended
- School List
- Additional Essays (AADSAS,
TMDSAS, Combined Degree)



Primary Applications

Institutional Action, Felonies, Misdemeanors

- Applications will ask if you have ever had an institutional action, felony, and/or misdemeanor. Secondaries might ask about summary offenses and other charges.
- If you are not sure if you have one, speak to your pre-health advisors to clarify.
- If you have, you must say yes and explain.
- Please talk directly to your pre-health advisers about this between now and early spring.
 - Stay calm until you've had a chance to discuss it with us.
 - We can coach you through what you will say about it.
- Your composite writer or one of your support writers can also offer context.



Do not wait on letters to submit your primary application.

- **Applicants submit their composite letter set AFTER they have submitted their primary application.**
- **You don't have to wait to submit your primary application for the letter to be completed. It is typical for the composite letter set (and committee letters from other schools) to be added later.**



Situational Judgement Tests

CASPer Test

- Website: <https://acuityinsights.app/casper/>
- Test Dates: <https://takecasper.com/dates-times/>
 - When you register, you will see a list of schools that require it.
 - You will want to select all the schools that will receive the report.
- Cost: \$85 – includes 7 programs. \$16 for each additional program.
- After the test, it takes 4 weeks to deliver your scores to schools.
- Only valid for one application cycle

AAMC Situational Judgment Test PREview

- [Programs](#) that require or recommend Preview
- <https://students-residents.aamc.org/aamc-preview/aamc-preview-professional-readiness-exam>
- Cost: \$100 flat fee
- Valid for up to 3 application cycles but can only be taken once per test year.

Secondary Applications

- Includes essays and other short questionnaires.
- Not all schools screen before sending secondary applications.
- Treat each secondary as if it's the only one that matters!
- Avoid:
 - Focusing on speed versus quality, or quality without timeliness.
 - Getting tired, experiencing burnout, and trying to re-use when not appropriate.
- Be sure you know school mission, values, curriculum.
- Be sure you know how your candidacy aligns.
- Make sure THEY know too.



Some Next Steps

1. **Assess: Speak with Advisor—readiness for strong application**
2. **Get familiar with Composite Letter Process: Go to HPP website and open Application tab**
 - Read the Overview of the Composite Process
 - Decide on letter writers
 - Ask writers. When you get your yes's, use the HPP instructions to open a privatefolio account (Look under Letters of Evaluation)
3. **Start gathering info about your experiences: List your activities; start remembering dates, hours memories etc.**
4. **Create a file to jot down memories, idea, reflections**
5. **If might qualify, prep to apply for Financial Assistance Program**



Final Advice:

- Utilize HPP to help you assess where you're at and for any other part of the process.
- Don't compare yourself to anyone else.
- Be yourself.
- Give yourself time to write well when the time comes



Questions?